

Toddler Visual Schedule with 14 Tips 📅👶

Morning Routine ☀️

1. Wake Up 🛏️

- **Tip:** Greet your toddler warmly and set a positive tone for the day.
- **Encourage:** “Good morning! Let’s start our day.”

2. Brush Teeth 🪥

- **Tip:** Use a fun toothbrush or sing a short song to make it enjoyable.

3. Get Dressed 👕

- **Tip:** Offer two clothing options to build independence.
- **Say:** “Would you like the red shirt or the blue shirt?”

4. Eat Breakfast 🍲

- **Tip:** Talk about what they’re eating and encourage them to name their food.
 - **Example:** “This is oatmeal. What color is the banana?”
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Midday Routine ☀️

5. Playtime 🧸

- **Tip:** Use imaginative play to build communication skills.
- **Example:** “Let’s build a tall tower with blocks!”

6. Snack Time 🍎

- **Tip:** Introduce new words like “crunchy” or “juicy” while snacking.

7. Outdoor Time 🌳

- **Tip:** Talk about what you see outside, like “Look, a bird! Can you hear it chirping?”

8. Lunch 🍴

- **Tip:** Practice table manners and let your toddler try feeding themselves.
- **Encourage:** “Can you say ‘thank you’ for lunch?”

9. Nap Time 🛌

- **Tip:** Use a calming ritual like a short story or soft music to signal rest time.

Evening Routine 🌙

10. Wake Up from Nap 🌅

- Tip: Give them a few minutes to transition with a quiet activity, like reading.

11. Evening Meal Time 🍽️

- Tip: Reflect on the day by asking questions like, “What did you enjoy doing today?”

12. Bath Time 🛀

- Tip: Make bath time fun with toys and label actions like “splash” or “wash.”

13. Story Time 📖

- Tip: Read a favorite book and ask questions about the pictures.

14. Bedtime 🌙

- Tip: Create a calming atmosphere with dim lights and a goodnight song.
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Visual Schedule Layout

1. 🛏️ Wake Up
 2. 🪥 Brush Teeth
 3. 👕 Get Dressed
 4. 🍳 Breakfast
 5. 🧸 Playtime
 6. 🍎 Snack
 7. 🌳 Outdoor Time
 8. 🍴 Lunch
 9. 🛌 Nap
 10. 🌅 Wake Up from Nap
 11. 🍽️ Evening Meal
 12. 🛀 Bath Time
 13. 📖 Story Time
 14. 🌙 Bedtime
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