













10 Tips for Toddler Development During Daily Routines

- 1. Wake-Up Time** 
Use the morning routine to practice greetings like "Good morning!" and naming objects like "pillow" or "blanket."
- 2. Meal Times** 
Encourage naming foods, making choices, and using phrases like "more, please."
- 3. Bath Time** 
Name body parts, use descriptive words like "splash" or "wet," and sing songs.
- 4. Getting Dressed** 
Teach words for clothing items and colors, and offer choices like "blue shirt or red shirt?"
- 5. Playtime** 
Narrate what your toddler is doing and encourage imaginative play with prompts.
- 6. Outdoor Time** 
Talk about what you see, like "bird," "tree," or "cloud," and engage in action words like "run" or "jump."
- 7. Cleanup Time** 
Use phrases like "put the block in the box" to teach following directions.
- 8. Story Time** 
Read a story together and ask questions like "What's next?" to engage comprehension.
- 9. Bedtime** 
Create a calming ritual with songs, hugs, and simple goodnight phrases.
- 10. Car Rides** 
Point out and name things outside like "bus," "dog," or "tree" to make car time interactive.